

# Asturias

## Vuelta Climbs



**BikePlusTours**

The Asturias region in northern Spain is home to some of the most famous climbs of the Vuelta a Espana (Tour of Spain) race. In fact, some stages of the race are rumoured to be in the region at the same time as us and we may be able to see the action live in front of us!

Highlight of our route will be the (in)famous Angliru with its ramps up to 24%. We have included two more Vuelta mountain top finishes: Gamoniteiro and Alto de la Ferrapona (also known as Lagos de Somiedo). However, for those wanting a more relaxed trip, we have easier alternative routes which bypass the toughest climbs including these three.

As usual we will be staying multiple nights at each hotel to minimize packing and unpacking.

Our hotel for the first and last night is only 15 minutes from the airport so there are no long transfers on this trip and you will have the opportunity to go for a ride on the first day. Alternatively, the hotel is only a short walk from a gorgeous sandy beach.

Our mid-week rest day will be in Oviedo, a beautiful medieval city at the edge of the mountains.

We will also be staying for two nights in the heart of the Asturian mountains, in a small town in a protected nature reserve.

NOTE: The route details of the Vuelta a Espana had not been released prior to writing this brochure. We may have to change some of our routes due to road closures.





Riosa

"El Olimpo del Ciclismo"

# La Cueña les Cabres

Altitud 1359 m  
Longitud 450 m

16,2  
%  
MINIMO



23,5  
%  
MAXIMO

Km 10,3 - Cima a 2,2 km



Ayuntamiento  
de Riosa

## At a glance

**Trip dates:** September 5-14, 2025

**Cycling distance:** 245 to 348 miles

**Cycling vertical:** 30,000 to 51,000 ft

**Small group:** maximum 15 guests

**Supported rides** with vehicles and owners Carolyn and Pieter cycling with you

**Eight nights of hotel accommodation** with all breakfasts and dinners included

**Price:** \$3,495 per person, single room surcharge: \$795



## Itinerary and Elevation Profiles

**Friday September 5th, or earlier:** Flight to Asturias Airport (OVD)

**Saturday September 6th:** Introductory ride (28 miles / 3,200 ft vertical)

We'll meet you at Hotel Playa de Aguilar, which is a short taxi ride from the airport. After setting up your bike and lunch, we'll go for a short ride to shake any travel fatigue out of the legs. We'll explore the roads along the beautiful coves and beaches before heading inland for some longer climbing.



**Sunday September 7th:** Aguilar Loop

After a hearty breakfast, we'll head out for a loop into the rural coastal hills. It's constantly up and down today and although we barely reach 1,500 ft elevation, it will feel like a mountain stage. We have three route options and you won't have to choose until 22 miles in, when the longer routes divert into an additional (and tough!) loop before rejoining the short course.

Long route: 56 miles / 7,400 ft vertical



Short route: 33 miles / 4,500 ft vertical



Extra long route: 65 miles / 9,000 ft vertical



**Monday September 8th:** to Oviedo

Today we're riding to Oviedo, where we will stay for the next three nights. There are three route options today. The medium and long route include the brutally steep La Degollada climb, with an average gradient of almost 12% for the first two miles and a maximum of 22%. The long route also includes the El Fresno with ramps up to 20% and the tough Las Cabanas towards the end of the route. The first 18 miles is the same for all routes.

Long route: 62 miles / 7,600 ft vertical



Medium route: 45 miles / 5,400 ft vertical



Short route: 33 miles / 3,500 ft





ASTURIAN

## Tuesday September 9th:

## Alto del Angliru

The big one today! Since its first inclusion in the Vuelta in 1999, the Angliru has built up a fearsome reputation. It's irregularity and ramps up to 24% make it a real climber's climb. The road ends at the top, so keep in mind that you'll have to descend it as well! Today's short route excludes the out and back (steepest) section to the summit of the Angliru.

Long route: 51 miles / 8,100 ft



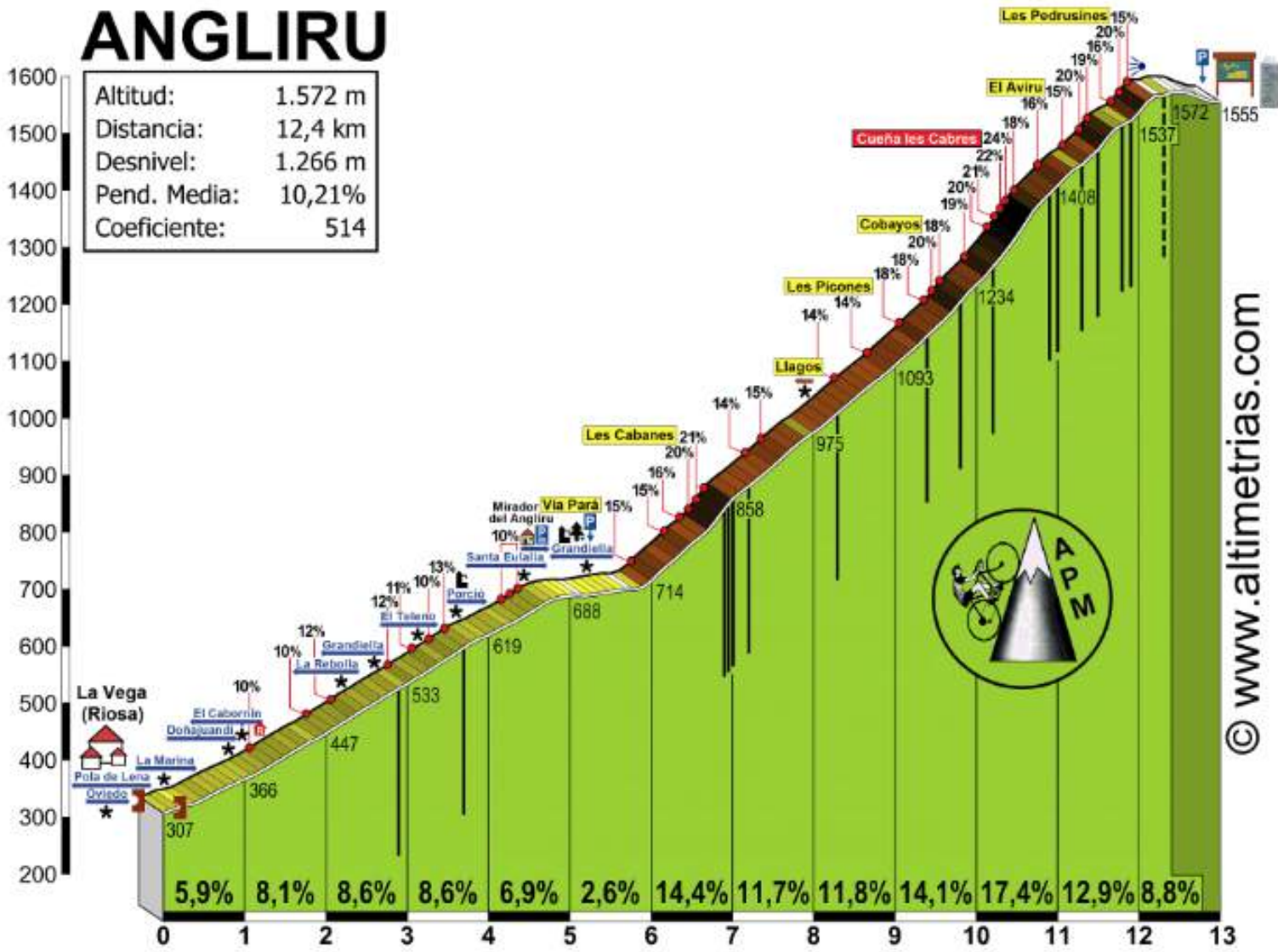
Short route: 40 miles / 5,000 ft



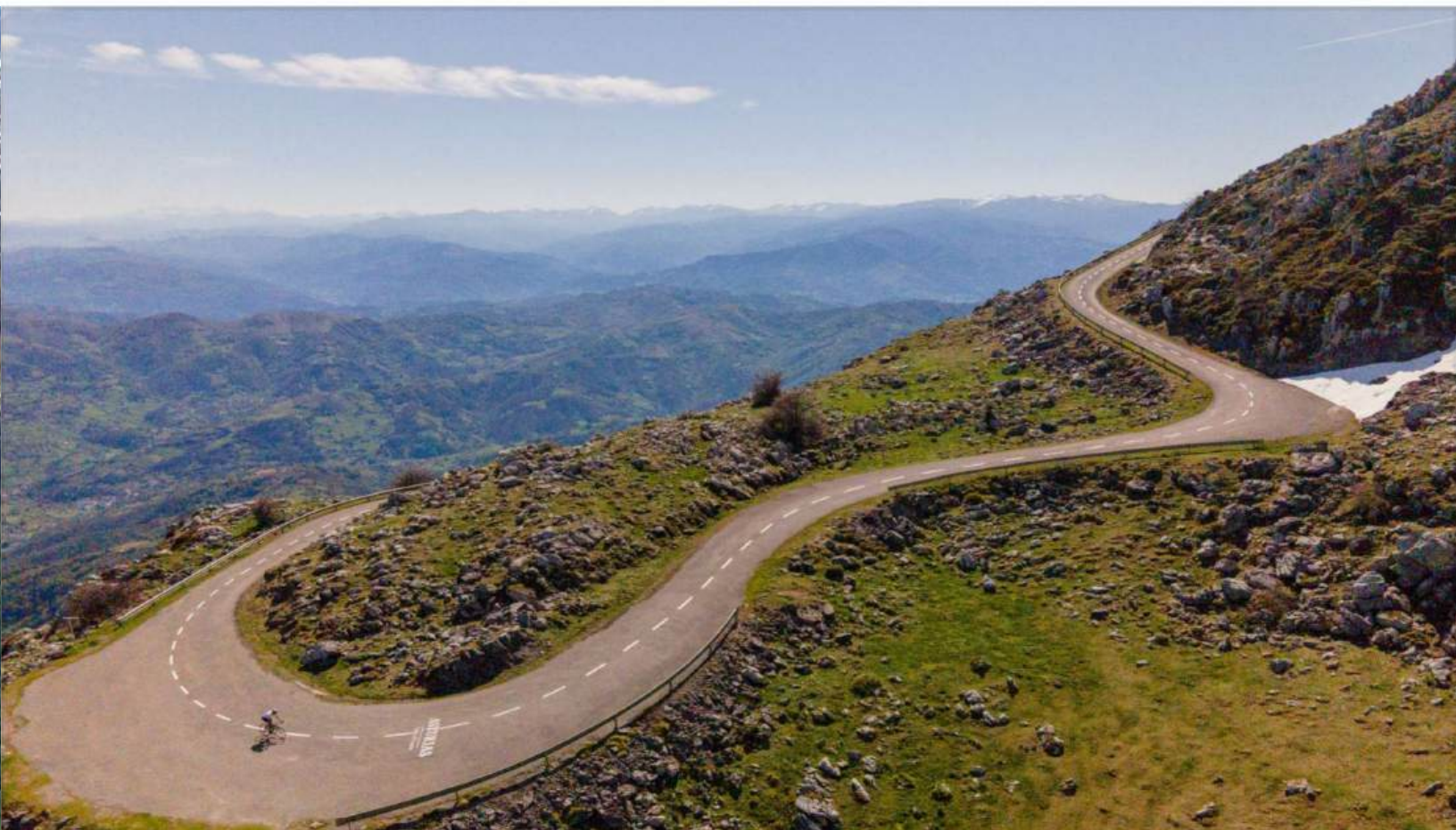


# ANGLIRU

Altitud:	1.572 m
Distancia:	12,4 km
Desnivel:	1.266 m
Pend. Media:	10,21%
Coficiente:	514



© www.altimtrias.com



**Wednesday September 10th:**

**Rest Day**

You'll have the day all to yourself. Oviedo is beautiful historic town full of sights and interesting little shops. The city is very lively with lots of sidewalk cafes and restaurants. There is also a beautiful public park with some excellent places for ice cream lovers.



**Thursday September 11th:**

**to San Martin**

We're heading deep into the mountains today to our next hotel in the village of San Martin. The biggest obstacle of the day is the Gamoniteiro, another monster mountain top finish of the Vuelta. The short route excludes the tough 4 mile top section but otherwise the courses are identical.

Long route: 54 miles / vertical: 7,800 ft



Short route: 46 miles / vertical: 5,800 ft





## Why BikePlusTours?

- 20+ years of experience in organizing performance cycling trips
- Routes that combine famous climbs with beautiful local byways
- Multiple nights in each hotel so more relaxing and less packing
- Small group size
- Owners Carolyn and Pieter are with you on every trip
- Great value

**Friday September 12th:**

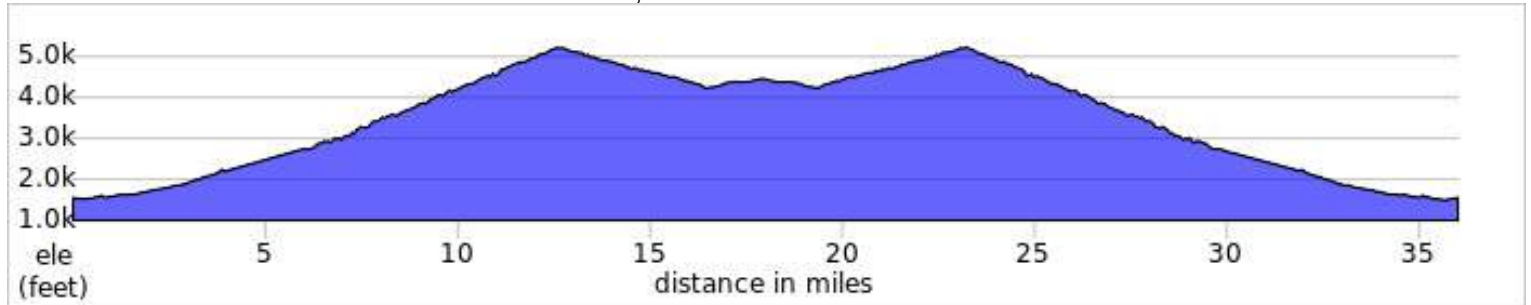
**Three Passes Loop**

A gorgeous loop today over three mountain passes. First off is the long gradual climb from the hotel to the Puerto de Ventana. After a short descent, we'll have some steeper sections up to Alto de la Ferrapona, which has been a Vuelta stage finish from the other side. We will descend that side until the foot of the final pass, the San Lorenzo. The shorter ride today is out and back to the Ferrapona, with only a short gentle climb back to the Ventana before descending to the hotel. Alternatively, you can ride up the Ventana and turn around, a 25 mile ride with 3,600 ft of climbing.

Long route: distance 48 miles / vertical 8,700 ft

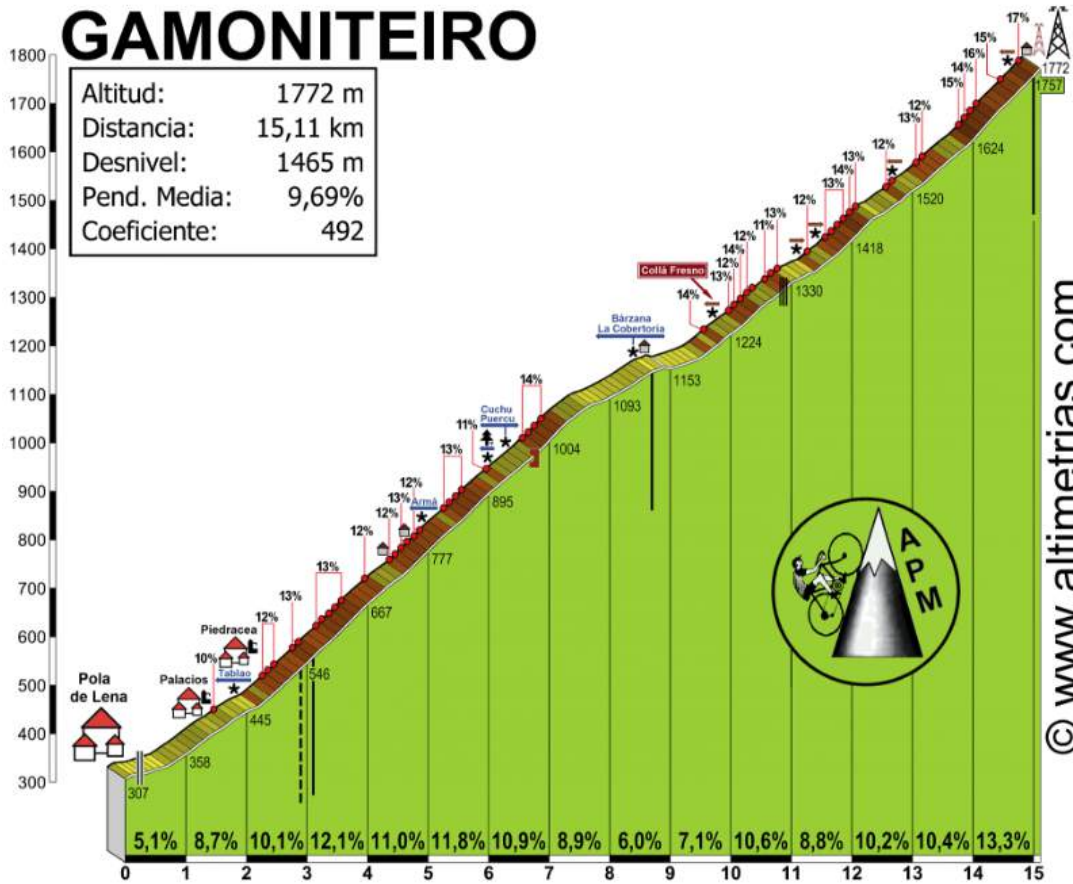


Short route: distance 36 miles / vertical 5,400 ft





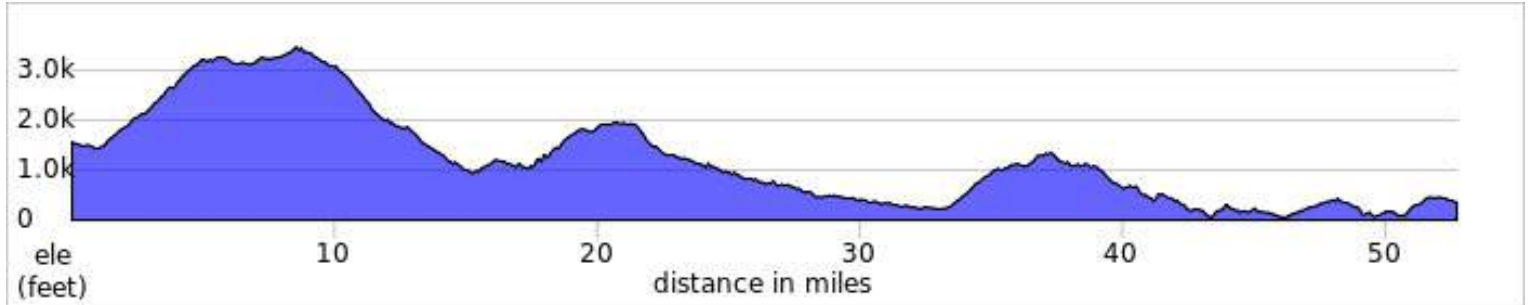
# GAMONITEIRO



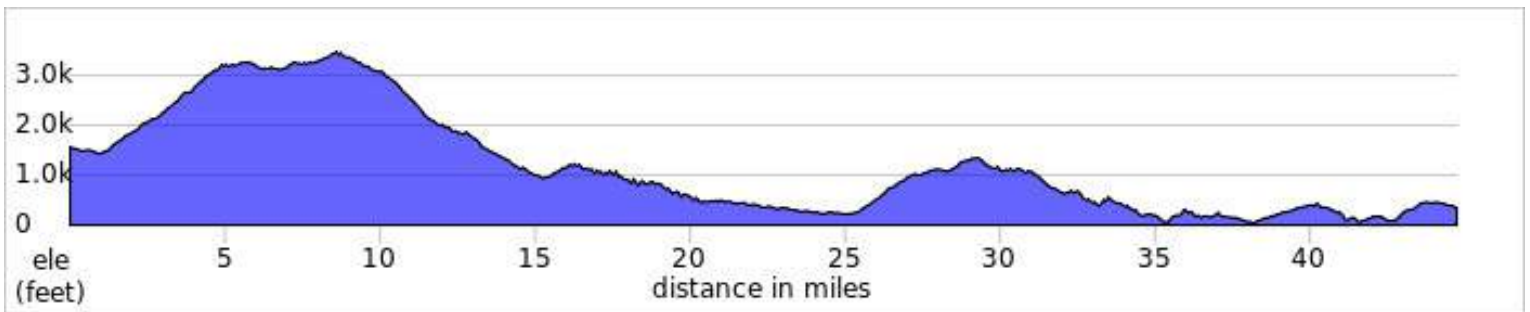
## Saturday September 13th: Closing the loop

We're riding back to Hotel Playa de Aguilar, where we started out a week ago. It's climbing from the start today on a small mountain road to the Santa Ana monastery with a spectacular viewpoint. The rest of the ride is undulating with one more significant climb in the long route. After arrival at the hotel, we'll help you pack your bike before a final celebratory dinner.

Long route: distance 53 miles / vertical 6,600 ft



Short route: 45 miles / vertical: 5,400 ft



## Sunday September 14th: Flight home

Time to say goodbye and head home. Thanks for joining us!



Many thanks to the folks at [altimetrias.com](http://altimetrias.com) for letting us use their awesome profiles of the climbs. Their website (in Spanish) has a wealth of information on Spanish climbs.

We are also grateful for the assistance of Turismo Asturias in providing the following pictures for this brochure:

Pages 2 and 10: Juan de Tury, Page 4: Mampiris, Pages 7,9 and 15: @asturcycling, Page 14: Turismo Asturias

## Our package includes:

- 8 nights of hotel accommodation
- All breakfasts and dinners
- Luggage transport between hotels
- Support vehicle during the rides and Carolyn and Pieter guiding on bikes
- Water, snacks and fruit on the rides
- GPS files of all rides

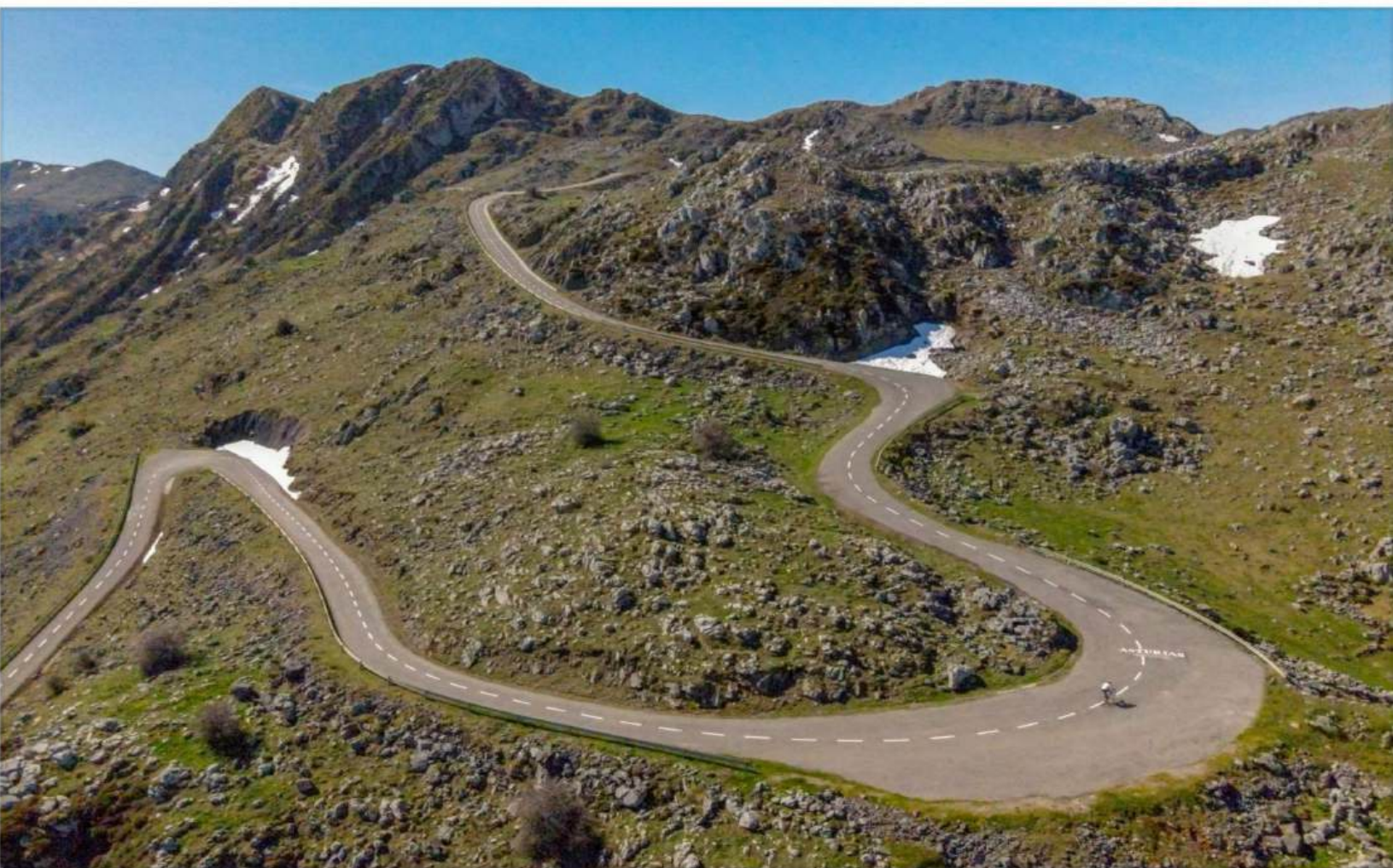
## Excluded items:

- Flights
- Airport transfers (our start and end hotel is only a 15 minute drive from Asturias airport)
- Travel and medical insurance
- Lunches, drinks, guide gratuities and personal expenses

**Price:** \$3,495 per person in a shared double room, single room surcharge: \$795

**Please e-mail Carolyn and Pieter for more information and booking:**

[info@bikeplustours.com](mailto:info@bikeplustours.com)



**We reserve the right to change this itinerary due to availability of accommodation, road closures and conditions, weather or other unexpected circumstances.**

**Our trips are for experienced cyclists with excellent bike handling skills.**



## About BikePlusTours

We are a small company owned and operated by Carolyn and Pieter Maessen.


BikePlusTours was born out of a desire to share our love for cycling on the great mountain roads of Europe with our guests. We have been organizing group cycling trips since 2002 and we feel very lucky that our hobby has become our profession.

Pieter has been a cyclist all his life. He has competed in junior and elite races in his native Netherlands as well as in Belgium, Germany and the USA. Although more of a classics rider than a climber, Pieter has had a passion for cycling in the mountains ever since riding up Passo dello Stelvio at age 16.

Carolyn has had a lot of success as a triathlete. She was a sponsored athlete for seven years and has won races in every distance from sprint to Ironman. She has competed in World Championships in Ironman in Kona (Hawaii), Ironman 70.3 in Las Vegas (Nevada) and Sprint Triathlon in London (UK).

Please get in touch with us if you would like more information about our trips.

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